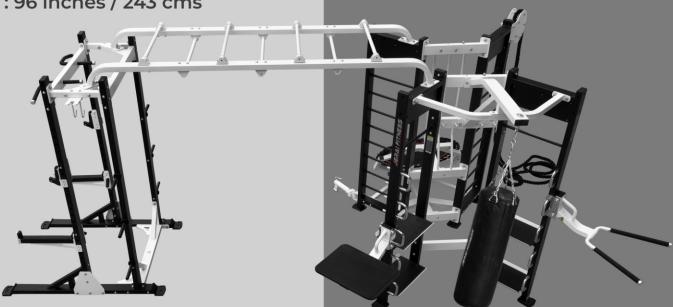


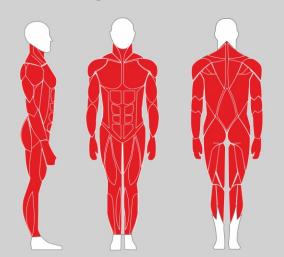
The Shape T is a combination of 3 different stations connected by a monkey ladder that together aim to provide the user with a complete body workout while occupying a relatively smaller footprint. The stations included are Half rack, Rebounder and battle rope station and Punching Bag with adjustable box jump and dips station.

DIMENSION:

Length: 185 inches / 470 cms Width: 124 inches / 315 cms Height: 96 inches / 243 cms



MUSCLE WORKED: Full Body





SHAPE T JXST